



## MMC DAILY SCHEDULE FOR INFANTS (3-18 months)

\*Diapering occurs whenever soiled or wet. Sleeping/feeding times based on the individual child's signs of readiness  
Children wash hands after toileting, coming in from outside, and before eating.

Time	Activity	Comments
8:00-9:00	Infants arrive individually and are greeted warmly, talked with, changed (if necessary), and given breakfast if it was not served at home.	Parents sign in at the door and fill in pertinent information for caregivers in the Daily Notes binder.
9:00-10:00	Outdoor / peace room time. Children who walk are accompanied to the playground, while immobile infants are brought outside to enjoy the deck or go for a walk in the stroller. Some children may begin their first nap.	Children flow between the inside and outside areas. Caregivers ensure the class remains in ratio at all times.
10:00-11:30	Each infant follows his/her own schedule of napping, bottle feeding, floor play, tummy time, and interaction with other children/materials. Instrumental /nature sounds music is played.	Materials are always available and include a varied assortment of practical life, gross motor activities, sensory experiences, manipulatives, language activities, books, building, and heavy work.
11:30-12:00	Lunch is served in a group setting for those children on three meals per day. Children sit at low tables and are encouraged/coached to independently use silverware and glasses. After finishing, the child carries his/her dish to the low sink and washes his/her hands.	Home lunch and bottles are heated in a crock pot set on low (never to exceed 120°F) and always temperature tested before serving.
12:00-2:30	Naptime for those children on one nap per day, though infants fall asleep individually throughout the day.	Infants sleep in low beds with sheets/sleep aids (lovies, pacifiers, etc) provided from home. Bedding is sent home weekly to be washed. Low beds are thoroughly cleaned weekly. And are assigned and not shared.
1:30-2:30	Children begin to awaken and are encouraged to choose work for short work cycles. They may go outside on the deck or on a walk with a caregiver.	Infants fall asleep and awaken on their own schedule. They are never woken up prematurely by caregivers unless specifically requested.
2:30-5:00	A nutritious snack is provided by MCC (or a home snack brought in by the parents) and enjoyed as a group. Each infant chooses work and organically explores the prepared environment.	Children are dismissed on their families' schedules during the latter half of this period.
5:00-5:30	Caregivers prepare remaining children for departure. Final dismissal is at 5:30.	Parents collect belongings in the child's closet in the hallway, along with their Daily Sheet and any other messages in their mailbox, and sign their child out.